

Adult Patrol Menu

Oct-04

Meal	Menu	#	Ingredients	Supplies	Utensils	At Home Prep	Cost
Saturday breakfast	Pancakes Bacon Juice	7	Pancake mix - 5 cups Syrup - 1 bottle Butter - 1 stick Bacon - 2 packages Orange Juice - 1/2 gallon		2 skillets Spatula	Pre-mix batter and package in bottle	
Lunch	Sandwiches Fruit Chips Cookies Drink mix	6	Bread - 24 slices (1 loaf) Lunch meat - 1 1/2 pounds sliced turkey, ham Cheese - 12 oz cheddar Lettuce - 1 head Romaine Tomatoes - 2 medium Mustard - small bottle Grapes Chips - 12 oz bag Cookies - 2 packs (Oreos) Drink mix - can lemonade				
Dinner	Beef stew Ice cream	8	Stew beef - 2 pounds Potatoes - 6 Carrots - 4 Celery - 4 stalks Onion - 2 medium Corn - 2 cans Spices - Uncooked biscuits - 2 tubes Half-half cream, cream milk Sugar Chopped Oreos Mint extract	Charcoal Charcoal starter Shovel Oven mitt Rock salt Ice	Dutch oven Ice cream mixer Serving spoons	Dice beef, potatoes, carrots, celery, onion	
Sunday breakfast	Bagels and cream cheese Juice	8	Bagels - 16, mixed Cream cheese - 1 pack Orange juice - 1/2 gal				